

delight

Appreciation

the love of
aesthetic form

"The emotions of a fulfilled imaginal sensibility are of a range and subtlety that outstrip the power of language to symbolize them. Hence they are conveyed by the non-discursive symbolism of drawing, painting, sculpture, music and dance."

Interest

the love of
knowledge

"When the need to understand is realized, we experience interest, extending into curiosity and fascination, the passion for truth, excitement in intellectual discovery, pleasure in the clear communication of ideas."

Zest

the love of
action

"The emotions involved in the fulfilment of free choice and effective action" including "relish, gusto, exhilaration, achievement and work satisfaction."

Conviviality

the love of
company

"The pursuit of 'co-happiness' & mutual fulfilment interpersonally & collaboratively, the pleasure of others' smiles, laughter and contentment."

Recognition

the love of
achievement

"Personal, communal and societal celebration & valuation in achieving real outcomes, surpassing a goal and exceeding expectations."

Controversy

the love of
dissent

"The rush of realisation that there is another view that may provoke personal enrichment and realignment."

Anticipation

the love of
potential

"Envisioning future delight."

Resolution

the love of
closure

"Deploying talents, solving the problem, conquering pain and completing the marathon, arriving at a milestone, finishing."



Appreciation, Interest & Zest: Heron, J, 'Feeling and Personhood: Psychology in another key' London and Newbury Park, CA: Sage, 1992.

Conviviality, Recognition & Controversy: Millwood, R, personal communication 2007.

Anticipation & Resolution: New Zealand teachers, personal communication 2008.

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